# Killeen Independent School District Job Description

Job Title:Assistant Athletic TrainerReports To:Head Athletic Trainer and PrincipalFLSA Status:Exempt

#### SUMMARY

Assists Head Trainer in all components of the athletic training program for student athletes to prevent, recognize, assess, manage, treat, and recondition athletic injuries and illnesses.

#### ESSENTIAL DUTIES AND RESPONSIBILITIES include the following:

Implements a comprehensive athletic injury and illness prevention program for student athletes.

Provides physical conditioning training to student athletes.

Attends all athletics contests and practices as assigned by the Campus Athletics Coordinator and/or the Executive Director for Athletics.

Provides emergency or continued care and refers athletes to physician for definitive diagnosis and treatment.

Detects and resolves risks to athletes and determines continued participation in athletic events.

Executes established procedures to be carried out in the event of a medical emergency.

Provides health care information and counsels and instructs student athletes on subject matter related to athletic training.

Communicates effectively with students, parents, medical and paramedical personnel, coaches, and other staff.

Implements a comprehensive rehabilitation and reconditioning program for injuries and illnesses sustained by student athletes.

Determines therapeutic goals and objectives for individual athletes, applies therapeutic modalities, and instructs athletes on proper use of exercise equipment.

Fits injured athletes with specialized equipment and oversees its use.

Evaluates and records rehabilitation progress of athletes.

Follows and enforces professional, ethical, and legal parameters regarding use of drugs and therapeutic agents for treatment and rehabilitation of injured athletes.

Coordinates scheduling of athletic physical examinations and screening.

Compiles, maintains, and files all reports, records, and other documents including medical, accident, and treatment records as required.

Assists the Head Trainer in maintaining inventory of training supplies and equipment.

Assists with the student athlete drug testing program and is a trained urine drug test collector. Keeps all records confidential and up to date and secure at all times.

Performs other duties as assigned.

# SUPERVISORY RESPONSIBILITIES

This job has no supervisory responsibilities.

## QUALIFICATIONS

To perform this job successfully, an individual must be able to perform each essential duty satisfactorily. The requirements listed below are representative of the knowledge, skill, and/or ability required.

#### **EDUCATION and/or EXPERIENCE**

Bachelor's degree in Education, Sports Medicine or related field.

## **CERTIFICATES, LICENSES, REGISTRATIONS**

Texas Board of Athletics Trainers License.

# LANGUAGE SKILLS

Ability to read and interpret documents such as safety rules, operating and maintenance instructions, and procedure manuals. Ability to write routine reports and correspondence. Ability to speak effectively before groups of customers or employees of organization.

## MATHEMATICAL SKILLS

Ability to add, subtract, multiply, and divide in all units of measure, using whole numbers, common fractions, and decimals. Ability to compute rate, ratio, and percent and to draw and interpret bar graphs.

# **REASONING ABILITY**

Ability to solve practical problems and deal with a variety of concrete variables in situations where only limited standardization exists. Ability to interpret a variety of instructions furnished in written, oral, diagram, or schedule form.

## **OTHER QUALIFICATIONS**

Must be able to travel occasionally.

## PHYSICAL DEMANDS

While performing the duties of this job, the employee is frequently required to stand, kneel, squat, bend, stoop, push, pull, and twist. The employee is frequently required to walk, climb stairs/ladders, grasp, squeeze, extend/flex wrist, reach overhead, and drive. The employee must frequently lift and carry (15-44 pounds) and occasional heavy lifting (45 pounds and over). Specific vision abilities required by this job include close vision, distance vision, color vision, peripheral vision, depth perception, and ability to adjust focus.

## WORK ENVIRONMENT

While performing the duties of this job, the employee is frequently exposed to wet and/or humid conditions, outside weather conditions, and extreme heat. The employee is occasionally exposed to moving mechanical parts, fumes or airborne particles, and toxic or caustic chemicals. The noise level in the work environment is usually moderate/loud. Frequent district-wide travel to multiple campuses as assigned.

Revised Date: October 30, 2018

The foregoing statements describe the general purpose and responsibilities assigned to this job and are not an exhaustive list of all responsibilities, duties, and skills that may be required.